



# Inspire Counselling and Therapeutic Services



**Nicole Morrison**  
MSW, RSW, CH, MHT

## A C C E S S M A R K E T P L A C E P R O F I L E

### SERVICE

since 2004

- In Person/On Site
- Long Distance

#### Payments taken in

- Visa
- MasterCard
- American Express
- Cash
- Cheque

### OFFERING

Specializing in Teens and Youth  
5 Path™ and 7th Path™ Hypnotherapy  
Therapeutic Touch™

### SERVICES

Nicole has been providing counsel for individuals for more than 15 years, primarily working with children and teens throughout the school system and within the community. Nicole finds much success through the combination of Social Work, Hypnotherapy, and energy modalities. She finds that this style of service is holistic in nature; it tends to the mind, body, and spirit. Energy modalities offered are Therapeutic Touch™, Pranic Healing™, Reiki™, WHEE™ (Wholistic Hybrid of EMDR and EFT), and meditation/breath work.

Individuals have been very responsive to this holistic approach for both emotional struggles and physical ailments. Nicole also teaches strategies and understanding so that individuals can be active participants in their healing, prevention, and self-care. It has been especially effective for individuals with trauma, grief, and anxiety. Nicole also assists individuals of all ages through Hypnosis for such things as elimination of

fears/phobias, weight-loss, stop smoking, test and performance anxiety, and much more. She is trained specifically in 5 Path Hypnosis™ which is a comprehensive form of hypnosis and 7th Path Self Hypnosis™ which is spiritual in nature.

### CONTACT

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### PHILOSOPHY

"At inspire, Nicole creates a safe and accepting space for people to honestly explore what is within, to trust the inner wisdom that they innately have, and to work through challenges in ways that highlight how they can be powerful in loving ways that can benefit both themselves and others. This leads to better health, peace, and wholeness."

**AMP 5+**  
REFERRED BY

**Lori Wilson**

**AccessMarketPlace**  
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